

No Sadhana

PAPAJI: When the disciple meets a realize master and hears the ultimate truth, he will become free at a stroke.

STUDENT: What if, despite all his sincerity, he does not becomes free immediately upon hearing the truth once?

PAPAJI: Than maybe in next life. This person needs more samsara. We will all arrive home, now or later. If not today then tomorrow; if not tomorrow then next life. But we will all arrive at home, such is our destiny. And when we become free we will realize that there has never been any process at all. That this all was only a concept. Time was a concept, my ignorance was a concept. At the end he will understand this.

The Guru will not make him understand this. No one can make him understand this. He has to not understand, until one day something will happen to him.

STUDENT: But is there nothing the person can do to make herself ready?

PAPAJI: This is postponement. One who says "I have to prepare myself" is deceiving himself, fooling himself. What can be done tomorrow, why not today?

STUDENT: Then is there not a place for sadhana in your teaching?

PAPAJI: No.

STUDENT: So, you give disciples nothing? Nothing to do?

PAPAJI: No. Why give them something to do? They have been doing many things with other teachers. I only tell them: "No effort. No thinking. Keep quiet".

And this is working! That is why people all over the world are coming here. Every teacher give them teachings, but there are no results. There are many ashrams all over the world, many spiritual centers. People are doing many things for many years, but there is no result. The mind is not quiet because any yoga or spiritual practice they are doing they are doing with the mind and the body. Sadhana is done with the mind, but the mind cannot arrive there.

[From the interview "No teaching, no teacher, no student".]