



OM. OM. OM.
Let There be Peace
Among All Beings of the Universe.
Let There be Peace.
Let There be Peace.
Om Shanti, Shanti, Shanti.
Namaskar, Namaskar, Welcome.
Welcome to Satsang.

Meditation. How can you meditate without knowing *Who I am*? When know who you are, then it will be possible for you to meditate on the Self, Atman, or the truth, reality. Everybody says, “I am so and so.” No one questions, *Who am I*? What is this “*I am*”? Where does it come from? Where does it go? Where does it stay? Several times it comes, several times it went, and this will continue for time immemorial. So you will have to find out *Who am I*? Without this Peace, Bliss, Existence and Enlightenment is not possible. Unless you know your own Self how will you know the Self? So you have to find out *Who am I*.

So first of all, some are here for the first time from several backgrounds. That’s what I hear, they have never heard of it. Some from the Buddhist background, some from the yoga background, some from devotional practices and various other centers existing in the world. I don’t think this process, this way is being followed any where in the world, but only one ashram is there and that is only in India. And that ashram is the ashram of my own master. I have gone round length and breadth of India and I have also traveled around the world. All are practices, Yoga practices, yoga for bhoga, and the rest. All with the mind, for the mind, and within the mind.

So directly this question, none has asked in any of the ashrams. Therefore, there is no result. From any ashram there is no result. I have never heard the product of any ashram who is free. Some people returned from here and declared “I won freedom in a week, in a couple of days, in a couple of hours, in just two minutes also.” From here there was a fire in the world and they want to have interview of these people. What has happened? And no one knew what is this thing. And it is possible for everyone and it is possible if you devote yourself to find out who you are. It’s not a difficult question to ask. You can instantly be enlightened. No postponement. Self is here and your desire for freedom is also present here. Self is not away. It is here and now. And you are aspiring for freedom. What could be the impediment? Very serious student and perfect teacher, they have to work together. And the result is going to be instant enlightenment.

Now question, *Who am I?* First of all, when you put this question at least your time is cut off, ask yourself and find out. With the rise of this question your time is cut off, mind is cut off, and your past is cut out. So this is going to be the instant I speak about. Enlightenment in this instant. During the question you can just see. Do it here. Ask this question, *Who am I?* and see where is the mind. And if there is no mind this is called light. This is called realization. No mind. No mind is called freedom. And this wave arises when there is a vasana. Look at the miracle as soon as this vasana arises “I want this.” That’s all and see past, present, future, universes instantly arise, endlessly they are in front of you and you are in terrible suffering instantly it arises. Instantly it arises because actually it is your notion.

I am bound is a notion so to get rid of this notion. *I want to be free* also is a notion. All these are notions and they can be done away with instantly if you are really fatigued of hitchhiking for time immemorial. And those who are still comfortable, this teaching is of no good for them. Let them enjoy the universe as best as they can. And those who have seen this is not the place for happiness, love, and bliss, for those few people who can discriminate, wisdom is for them.

Because we have seen in the case of one prince - he decided two thousand years ago. On the bed he was, with his wife. He decided “I want to be free.” He rises. He rises and gets off. He won freedom. And another was another king. He also was in the

embrace of two queens on either side. He also had a thought at that time ‘I want to be free’. And within that situation instantly he freed himself. Maximum worldliness. Kingdom, queens, their diamonds, elephants, ministers. In this situation he got free and he appears in the books of wisdom also. So, quite a few people, Janaka was there, Bharata was there, Dushratha was there. Very few among six billion people may be finger count of wise men. Enough. One wise man in a century is quite enough to give us this message of peace. One lion is quite enough in the forest. Instead of million of sheep. So, it is for those who really want peace, love, beauty, bliss and they are the people who will have it. Not the billions of people who are crowding in the world. So very few of us are here from the world. And I’m very happy. This is excellent, excellent show because I hear in the forest then used to be one guru one student, one guru two students, one guru three students. So they say the twentieth century is the worst because we have seen much turmoil in this century but I don’t blame this century.

Then is all the good in this century also because still so many people want to be free. So, this is excellent century. Let us not blame the time. So the time has come now. We have been waiting for this century which has brought us here this morning with the sole desire of freedom. And we are going to be it and not postpone it till next life. We have been postponing, this universe means postponing. Mind means postponement, mind always lives in postponement. I will do it later, I’ll do it tomorrow, I will do it when I get retired from my job. Or after that enjoyment I am free. Never that time comes. So, forget everything. Devote yourself for the Self. All at once, constantly, always here, there everywhere. Meditate on the Self constantly and you are going to be successful.

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